

Board Update

Mental Health & Recovery Services (MHRS) Board
Serving Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties
1500 Coal Run Road, Zanesville, Ohio 43701
Phone: 740-454-8557

Regular Board Meeting
Highlights
April 14, 2022

State-Operated Group Homes Provide High-Quality Care



Randi Earnest, Chair of the MHRS Board's Partners workgroup reported on the operations of the Country Garden Manor and Liberty Manor Group Homes located in Guernsey County. (*Keith Hager, Director of the homes, met with the Partners Workgroup prior to regular board meeting.*) These homes provide a more intensive level of compassionate supervision for persons with severe and persistent mental illness, many of whom come to the facilities from a stay in the Appalachian Behavioral Healthcare State

Hospital. Both group homes are Joint Commission-accredited.

The MHRS Board has several beds in each of the homes—where the mission is to help clients be at the highest level of functioning they can be. Clients are involved in helping to plan meals and shop for groceries and, from time to time, special outings are planned for the residents.

Case managers are assigned to each home for the coordination of residents' medical and mental health care, and they provide transportation to appointments. Over the last several years, the case managers have planned, promoted, and supervised a week-long camping trip. The Eastern Alliance Council of Governments has graciously supported the trip, where residents learn about cooking and safety issues and also enjoy activities such as hiking and land navigation, swimming, canoeing and paddle-boating.

It was noted that the clinical professionals at the group homes are helping clients with severe and persistent mental illness to achieve the greatest degree of success in the community, while also diligently making an effort to wisely manage the use of high-cost inpatient services.

Executive Director
Misty Cromwell

Board of Directors

Jon Black
Lorendra Davis
Randi Earnest
Megan Gee
Sue Hoover
William Johnson
Pamela Kirst
Jeff LeCocq
Tony Mayle, Jr.
Dan Scheerer, M.D.
Danielle Scott
Ben Taylor

Board President

William Johnson

Board Vice President

Sue Hoover

The mission of the MHRS Board is to facilitate a Recovery-Oriented System of Care that promotes mental health and supports the recovery of each person who needs services for mental illness and/or addiction.

FinancialMatters

Under the guidance of Finance/Audit Committee Chair Dr. Dan Scheerer and Board President William Johnson, board members reviewed and approved the March 2022 Reconciliation Report that showed deposits, checks written for MHRS Board operations, payments to in-network contract service providers and out-of-network community partners, and journal entries.

Board members also:

- ☆ Reviewed Contract Services Expenses; Balance Sheet as of March 31, 2022; and a Dashboard Report that provides a high-level overview of key fiscal indicators.
- ☆ Approved tentative FY 2023 funding allocations for contract service providers, totaling **\$9,808,363.00**.
- ☆ Approved a special allocation of \$50,000.00 to the Guernsey County Sheriff's Office for the purchase of a vehicle to transport clients to needed State Hospital or other high-level inpatient care.
- ☆ Approved a special allocation of \$30,000.00 to MODO Media for the development and implementation of a consistent public awareness campaign about the network's services and supports for persons with mental illness and/or addictions.
- ☆ Approved a special allocation of \$15,000.00 to Bioethical Services of Virginia, Inc. for implementation of a proposal prepared by Dr. Michael Gillette for the development of an improved process for allocating dollars to service providers.

Below is a breakdown of MHRS Board payments approved for the provision of treatment and support services for persons with mental illness and/or addiction.

<i>Accounts Payable</i>	<i>In-Network Providers</i>	<i>Out-of-Network Partners</i>	<i>TOTAL</i>
March 14, 2022	\$460,425.38	\$71,714.02	\$532,139.40
March 28, 2022	\$278,040.85	\$275,804.82	\$553,845.67
TOTAL	\$738,466.23	\$347,518.84	\$1,085,985.07



Behavioral Health Wellness Coordination – Coshocton County: The MHRS Board is the second pilot project in the state — working with Miami University and the Ohio Department of Mental Health & Addiction Services (OhioMHAS) — to put a Behavioral Health Wellness Coordinator in the Sacred Heart School in Coshocton. Coshocton Behavioral Health Choices and Sacred Heart are employing a coordinator to develop prevention and wellness initiatives in the school. Funds from an OhioMHAS Project AWARE Grant will be used to support the coordinator's salary and benefits. This program will promote the healthy social and emotional development of Sacred Heart's students. This year, the MHRS Board is receiving \$89,500 for the Sacred Heart project, and OhioMHAS is seeking other funding resources to help sustain the program in future years.

Community Capital Project Approval – Perry County: The MHRS Board was recently notified about the action of the Ohio Department of Mental Health & Addiction Services to approve a \$750,000.00 Community Capital Assistance Application for New Lexington City Schools. The capital funds will be used for the purchase and renovation of a facility that will be used for three major functions: afterschool programming, workforce development, and a “parent university.” The school has a goal of housing behavioral health services within their afterschool programming.

New Board Member



MHRS Board Associate Director Elaine Shuster administered the Oath of Office to **Lorendra Davis**, who was appointed to the Board of Directors by the Director of the Ohio Department of Mental Health & Addiction Services. Lorendra will be representing Coshocton County. Lorendra is the Family Drug Treatment Court and Quality Improvement Coordinator for the Coshocton County Juvenile Court. Welcome, Lorendra!



SUE HOOVER

Muskingum County Representative **Sue Hoover** is currently the Director of Women’s Health and Behavioral Health & Addiction Services at the Muskingum Valley Health Center, a federally-qualified health center in Zanesville. Sue spent the majority of her nursing career in the acute care setting. She worked clinically in critical care (both adult and children), and in obstetrics. She has served in multiple roles throughout her career — Director of Women’s Health, Regional Director of Home Care, and Director of Surgical Services. While with MVHC, Sue has held many important leadership roles. Most recently, she has helped with the development of a successful maternal addiction program and the expansion of Medically-Assisted Treatment (MAT) for persons battling addiction. Thanks, Sue!



Value of Allwell Behavioral Health's Guardianship Program: MHRS Board Director Misty Cromwell shared a letter she had received from family members of an elderly person with serious and persistent mental illness, expressing appreciation for the help they received from the MHRS Board in getting their loved one the treatment and supports she needed. They specifically commended Allwell's Guardianship Coordinator, Pam Easterly, who they noted was genuinely concerned about their loved one's care and is helping her adjust to her changing environment.

Critical Incident Stress Management (CISM) and Local Outreach to Suicide Survivors (LOSS) Responses: Care Management Director Jamie McGrew reported on recent CISM and LOSS Team responses that were made in Muskingum County following two tragic deaths by suicide within a 2-day timespan. The LOSS Team response was on-scene to provide caring support to family members. A CISM Team response later took place for EMTs who were involved.

Pearl House Update: It is anticipated that the first tenant for the Pearl House apartment building in downtown Zanesville should be moving in at the end of June. This project (being spearheaded by Muskingum Behavioral Health) will provide 34 "sober living" apartments for individuals and families. Project Manager Steve Carrel notes: "The end game of this whole thing is to help folks get into long-term recovery and be contributing members of our community."

STRATEGIC PLANNING

FY 2021-2023 Plan — Report Given @ April 14, 2022, Board Meeting)

Below is an update of actions taken over the last several months toward achieving the goals and objectives of the MHRS Board's FY 2021-2023 Strategic Plan:

- ◆ **Needs Assessment:** A needs assessment for all six counties in the MHRS Board's service area will begin in April of 2022. This will provide valuable information for determining the services that are important to clients, families, and community partners. The survey is being completed by the Ohio University Voinovich School of Leadership and Public Service.
- ◆ **Tracking Service Costs:** MHRS Board staff are continuing to work with the Richland County MHRS Board to build a GOSH Billing tracking process for our network's service units/costs.

- ◆ **Anticipated Opening of Linser's Landing:** The opening of Allwell Behavioral Health's Mobile Response & Stabilization Service (MRSS) Respite Center on Olde Falls Road in Zanesville is targeted for May of 2022. The Center is being named in honor of former Allwell Clinician Jeff Linser. (Other MRSS services are already being delivered in-home or at other alternative locations.)
- ◆ **Transcranial Magnetic Stimulation (TMS) Program:** Perry Behavioral Health Choices (PBHC) reports that 100 individuals have completed the TMS Program with no adverse effects and all with positive results. Improvements were shown in sleep, concentration, mood, and decreased cravings. In mid-April, PBHC closed on the purchase of a facility in New Lexington that will house a stand-alone TMS clinic.
- ◆ **Muskingum County Jail Liaison Program:** A total of 422 individuals have been served by this program in FY 2022. Diagnosis Breakdown: 44%, Dual Diagnosis; 29%, Substance Use Disorder; 27%, Mental Illness diagnosis. Eighty-one inmates were willing to accept further services following discharge.
- ◆ **Drug Treatment Update:** Medication-Assisted Treatment (MAT) is now being provided by the Muskingum Valley Health Center in Cambridge, and Intensive Outpatient treatment is now being provided in Noble County through Allwell Behavioral Health.
- ◆ **Workforce Development:** Advocacy continues at the state level to enhance workforce development and clearer pathways to clinical licensure and certification.
- ◆ **Evidence-Based Program Trainings:** Two clinicians from the Southeastern Ohio Counseling Center based in Guernsey County completed an Eye Movement Desensitization and Reprocessing (EMDR) training that was offered through the AppCare Alliance.
- ◆ **Evidence-Based Treatment:** For the current fiscal year (through March 31, 2022), 1,922.93 units of evidence-based treatment were provided by contract agencies at a cost of \$198,257.37.
- ◆ **PAX Expansion:** East Muskingum, Cambridge City, Rolling Hills, Maysville, Coshocton City, Caldwell, Buckeye Trail, and Zanesville City Schools have all developed internal PAX Teams and will be transitioning to minimal external supports for the 2022-2023 school year. Crooksville and New Lexington are in the team development phase. *The PAX Good Behavior Game (GBG) is a research-based intervention used in the classroom to create an environment that is conducive to learning. The GBG nurtures self-regulation in peer-contexts to improve attention and reduce impulsivity, thus wiring the brain during any school activity for long-term gain. The GBG is designed to reduce off-task behavior, increase attentiveness, and decrease aggressive and disruptive behavior and shy and withdrawn behavior.*
- ◆ **PAX Trainings:** Between January – March of 2022, the PAX Tools training was offered five times to a total of 59 participants.
- ◆ **Critical Incident Stress Management (CISM):** One CISM response was held during this quarter.

- ◆ **Quick Response Team (QRT) Visits:** Our network's QRT initiative uses a community team approach for visiting the homes of persons who have experienced a drug overdose. Team members meet people 'where they are' in an effort to bridge them from their substance use disorder and the overdose experience to treatment and a pathway to recovery. From January 1 through March 31, 2022, the following QRT visits were made: Coshocton, 2; Guernsey, 5; and Noble, 13.
- ◆ **Website Analytics:** Site sessions, 1,059 (increase of 22% from previous quarter). There were 801 unique visitors (increase of 6% from previous quarter). Avg. Session Duration was 2 minutes, 44 seconds (decrease of 17% from previous quarter).
- ◆ **Facebook Analytics:** There were 8,703 page reaches (increase of 231.8%); 489 page visits (increase of 147% from the previous quarter); 15 new page likes/followers (decrease of 21.1% from previous quarter).
- ◆ **Instagram Analytics:** There were 53 page reaches (decrease of 10.2%); 5 profile visits (decrease of 54.5%); and no new followers.
- ◆ **Awareness Campaigns Conducted:** ◆ Beat the Stigma Campaign ◆ Check Your Engine Suicide Awareness Initiative Targeting Farmers ◆ Ongoing Suicide Prevention & Education on Social Media ◆ Perry County Senior Expo – Suicide Prevention for Older Adults.
- ◆ **New Community Meetings Held:** ◆ Big Brothers – Big Sisters ◆ Transitions Domestic Violence Shelter ◆ Welcome Home Sis ◆ Anti-Human Trafficking Coalition ◆ Guernsey County Veterans' Service Office.
- ◆ **Consumer-Operated Services:** Between January – March of 2022, the Beacon Place Client Drop-In Center in Zanesville served 128 clients (the Center is open 15 hours per week). The In Place Client Drop-In Center in Cambridge will not be re-opening, as that building is being renovated to provide transitional housing.
- ◆ **MHRS Board Staffing Level:** The MHRS Board is hiring a Crisis Services/Criminal Justice Coordinator to facilitate the expansion of criminal justice partnerships and the continued development of a comprehensive crisis continuum in our six county region.



***The MHRS Board of Directors will next meet at
7:00 p.m. on Thursday, May 12, at the Board Office,
1500 Coal Run Road in Zanesville***