

Mental Health & Recovery Services Board
NOTICE OF PRIVACY PRACTICES
Effective Date: January 1, 2021

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this Notice, please contact:
Jamie McGrew, Privacy Officer – Mental Health & Recovery Services Board
1500 Coal Run Road, Zanesville, OH 43701
740.454.8557 jamiem@mhrs.org

OUR DUTIES

At the Mental Health & Recovery Services Board, we are committed to protecting your health information and safeguarding that information against unauthorized use or disclosure. This Notice will tell you how we may use and disclose your health information. It also describes your rights and the obligations we have regarding the use and disclosure of your health information.

We are required by law to: 1) maintain the privacy of your health information; 2) provide you Notice of our legal duties and privacy practices with respect to your health information; 3) abide by the terms of the Notice that is currently in effect; and 4) notify you if there is a breach of your unsecured health information.

HOW WE MAY USE AND DISCLOSE YOUR PERSONAL HEALTH INFORMATION

When you receive **services paid for in full or in part by the Board, we receive health information about you.** We may receive, use or share that health information for such activities as payment for services provided to you, conducting our internal healthcare operations, communicating with your healthcare providers about your treatment and for other purposes permitted or required by law. The following are examples of the types of uses and disclosures of your personal information that we are permitted to make:

Payment – We may use or disclose information about the services provided to you and payment for those services for payment activities such as confirming your eligibility, obtaining payment for services, managing your claims, utilization review activities and processing of healthcare data.

Healthcare Operations – We may use your health information to train staff, manage costs, conduct quality review activities, perform required business duties, and improve our services and business operations.

Treatment – We do not provide treatment, but we may share your personal health information with your healthcare providers to assist in coordinating your care.

Other Uses and Disclosures – We may also use or disclose your personal health information for the following reasons as permitted or required by applicable law: To alert proper authorities if we reasonably believe that you may be a victim of abuse, neglect, domestic violence or other crimes; to reduce or prevent threats to public health and safety; for health oversight activities such as evaluations, investigations, audits, and inspections; to governmental agencies that monitor your services; for lawsuits and similar proceedings; for public health purposes such as to prevent the spread of a communicable disease; for certain approved research purposes; for law enforcement reasons if required by law or in regards to a crime or suspect; to correctional institutions in regards to inmates; to coroners, medical examiners and funeral directors (for decedents) as required by law; for organ and tissue donation; for specialized government functions such as military and Veterans activities, national security and intelligence purposes and protection of the President; for Workers' Compensation purposes; for the management and coordination of public benefits programs; to respond to requests from the U.S. Department of Health & Human Services; and for us to receive assistance from consultants that have signed an agreement requiring them to maintain the confidentiality of your personal information. Also, if you have a guardian or a power of attorney, we are permitted to provide information to your guardian or attorney in fact.

Uses and Disclosures that Require Your Permission

We are prohibited from selling your personal information, such as to a company that wants your information to contact you about their services, without your written permission.

We are prohibited from using or disclosing your personal information for marketing purposes, such as to promote our services, without your written permission.

All other uses and disclosures of your health information not described in this Notice will be made only with your written permission. If you provide us permission to use or disclose health information about you, you may revoke that permission, in

writing at any time. If you revoke your permission, we will no longer use or disclose your health information for the purposes stated in your written permission—except for those that we have already made prior to your revoking that permission.

Prohibited Uses and Disclosures – If we use or disclose your health information for underwriting purposes, we are prohibited from using and disclosing the genetic information in your health information for such purposes.

POTENTIAL IMPACT OF OTHER APPLICABLE LAWS

If any state or federal privacy laws require us to provide you with more privacy protection than those explained here, then we must also follow that law. For example, drug and alcohol treatment records generally receive greater protections under federal law.

YOUR RIGHTS REGARDING YOUR PERSONAL HEALTH INFORMATION

You have the following rights regarding your health information:

- **Right to Request Restrictions** – You have the right to request that we restrict the information we use or disclose about you for purposes of treatment, payment, healthcare operations, and informing individuals involved in your care about your care or payment for that care. We will consider all requests for restrictions carefully but are not required to agree to any requested restrictions.*
- **Right to Request Confidential Communications** – You have the right to request that when we need to communicate with you, we do so in a certain way or at a certain location. For example, you can request that we only contact you by mail or at a certain phone number.
- **Right to Inspect and Copy** – You have the right to request access to certain health information we have about you. Fees may apply to copied information.*
- **Right to Amend** – You have the right to request corrections or additions to certain health information we have about you. You must provide us with your reasons for requesting the change.*
- **Right to an Accounting of Disclosures** – You have the right to request an accounting of the disclosures we make of your health information, except for those made with your permission and those related to treatment, payment, our healthcare operations, and certain other purposes. Your request must include a timeframe for the accounting, which must be within the six years prior to your request. The first accounting is free, but a fee will apply if more than one request is made in a 12-month period.*
- **Right to a Paper Copy of Notice** – You have the right to receive a paper copy of this Notice. You may obtain a paper copy by contacting the Board office. This notice is also available at our website: www.mhrs.org, but you may obtain a paper copy by contacting the Board office.

To exercise any of the rights described in this section, please contact the **Board Privacy Officer, Jamie McGrew**, at the Mental Health & Recovery Services Board, 1500 Coal Run Road, Zanesville, OH, 43701 – 740.454.8557 jamiem@mhrs.org

To exercise rights marked with a star (*), your request must be made in writing. Please contact us if you need assistance.

CHANGES TO THIS NOTICE

We reserve the right to change this Notice at any time. We reserve the right to make the revised Notice effective for health information we already have about you as well as any information we receive in the future. We will post a copy of our current Notice at our office and on our website: www.mhrs.org. In addition, each time there is a change to our Notice, you will receive a copy by mail at the last known address we have in our plan enrollment file. The effective date of each Notice is listed on the first page in the top center.

TO FILE A COMPLAINT

If you believe your privacy rights have been violated, you may file a complaint with the Board or with the Secretary of the Department of Health & Human Services. To file a complaint with the Board, contact the Privacy Officer at the above address. You will not be retaliated against for filing a complaint. If you wish to file a complaint with the Secretary, you may send the complaint to:

Office for Civil Rights
U.S. Department of Health & Human Services – Attn: Regional Manager
233 N. Michigan Avenue, Suite 240
Chicago, IL, 60601
ocrmail@hhs.gov or (800) 368-1019