

MENTAL HEALTH & RECOVERY SERVICES (MHRS) BOARD
Serving Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties
 1500 Coal Run Road – Zanesville, OH, 43701

OFFICIAL MINUTES
Regular Board Meeting – December 9, 2021
(1500 Coal Run Road, Zanesville, Ohio)

PRE-MEETING ACTIVITIES

Year-End Observances:

Director Misty Cromwell provided board members with a summary of Calendar Year 2021 Accomplishments (*included in Board Meeting Highlights attached to the minutes*). Ms. Cromwell noted that, while the year brought about many unexpected twists and turns, there were some important achievements that took place. She thanked board members for their support over the last 12 months, stating, “*Thank you for serving on the Board of Directors and giving us some of the most precious things you own—your time and talents.*”

Eye Movement Desensitization and Reprocessing (EMDR):

Kelly Lee, a counselor from Muskingum Behavioral Health, provided an in-depth presentation about the use of EMDR with clients and some of the positive outcomes that are being reported by those who are able to use this type of psychotherapy. (*Summary included in Board Meeting Highlights attached to the minutes.*)

REGULAR BOARD MEETING

I. BOARD NOTIFICATION & COMPLIANCE WITH SUNSHINE LAW:

On November 29, 2021, board members, contract organization directors, service area news media, county boards of commissioners, and state legislators were notified the Board of Directors would meet in regular session on December 9, 2021 at the MHRS Board Office, 1500 Coal Run Road, Zanesville (with pre-meeting activities starting at 6:00 p.m. and regular board meeting beginning at 7:00 p.m.).

II. CALL TO ORDER: President William Johnson called the regular board meeting to order at 7:00 p.m.

III. ROLL CALL:

Board Members Present:

- ***William Johnson, President (Coshocton County)***
- ***Jon Black (Guernsey County)***
- ***Sue Hoover (Muskingum County)***
- ***Tony Mayle, Jr. (Morgan County)***
- ***Dan Scheerer, M.D. (Muskingum County)***
- ***Ben Taylor (Perry County)***

Board members excused:

- ***Jennifer Hanson (Muskingum County)***
- ***Pamela Kirst (Muskingum County)***
- ***Jeff LeCocq (Muskingum County)***
- ***Danielle Scott (Perry County)***

There being six board members in the meeting, a quorum was constituted for conducting official business.

Staff Members Present:

- *Misty Cromwell, Executive Director*
- *Elaine Shuster, Associate Director / Systems Manager*
- *Jamie McGrew, Care Management Director*
- *Rhonda Hanes, Fiscal Operations Director*
- *Roger Birch, Youth & Family Services Coordinator*
- *Linda Hand, Administrative Coordinator*
- *Janet Hill, Business Operations Manager (present for pre-meeting activities)*
- *Jessica Paisley, Office Manager (present for pre-meeting activities)*

IV. INTRODUCTION OF GUESTS:

- Kelly Lee, Counselor, Muskingum Behavioral Health – Special Pre-Meeting Presenter
- Megan Gee, Prospective Board Member

V. AGENDA: President Johnson noted there were no changes to the pre-mailed meeting agenda. JON BLACK MOVED THAT THE BOARD APPROVE THE AGENDA FOR THE DECEMBER 9, 2021, MEETING AS MAILED. THE MOTION WAS SECONDED BY BEN TAYLOR AND UNANIMOUSLY APPROVED.

VI. MEETING MINUTES:

It was noted that board members had received a copy of the minutes from the meeting held on November 11, 2021.

BEN TAYLOR MOVED THAT THE BOARD APPROVE THE MINUTES OF THE NOVEMBER 11, 2021, REGULAR BOARD MEETING AS SUBMITTED. THE MOTION WAS SECONDED BY DAN SCHEERER AND A ROLL CALL VOTE WAS TAKEN AS FOLLOWS: JON BLACK, YEA; SUE HOOVER, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND BEN TAYLOR YEA. THE MOTION WAS APPROVED RECEIVING FIVE POSITIVE VOTES.

VII. EXECUTIVE DIRECTOR’S REPORT:

Misty Cromwell reviewed her Director’s Report (*included as a part of the minutes*). Topics covered:

- ◆ **State Representative Adam Holmes:** Misty reported on her recent meeting with State Representative Adam Holmes, where the primary discussion point was the need for legislation to enable MHRS Boards to hold meetings completely virtually or as a combination of in-person and virtual.
- ◆ **Mobile Response and Stabilization Services for Children & Families:** (*Summary included in Board Meeting Highlights attached to the minutes.*)
- ◆ **Service Area Outreach Meetings:** (*Summary included in Board Meeting Highlights attached to the minutes.*)
- ◆ **Crisis Continuum Survey:** (*Summary included in Board Meeting Highlights attached to the minutes.*)
- ◆ **Early Childhood Mental Health (ECMH) Program:** (*Summary included in Board Meeting Highlights attached to the minutes.*)
- ◆ **East Guernsey Time & Care Room:** Care Management Director Jamie McGrew gave a progress report on the creation of a “Time & Care” room in the East Guernsey School District. This room will be a space open to any student—at any time of the day—who needs to “take a break.” Students can come in for quiet time, to meet with the social worker, or to work on school assignments with the help of an intervention

specialist. The room is a soothing blue color, has soft lighting, and has inviting seating options. The room will be manned by staff at all times. (This project is being funded via the MHRS Board through a special K-12 Grant from the Ohio Department of Mental Health & Addiction Services and the Ohio Department of Education.)

VIII. FINANCIAL ISSUES: *(Dr. Dan Scheerer, Chair, Finance/Audit Committee)*

1. **November 2021 Financial Reports:**

Chairman Scheerer guided a thorough review of the MHRS Board's Financial Reports for November 2021 that included: 1) A Reconciliation Report; 2) Contract Services Expense Reports; 3) Balance Sheet as of November 30, 2021; 4) Dashboard Report; and 5) Monthly Report of Network Funding Reserves.

◆ *November 2021 Reconciliation Report:*

DAN SCHEERER MOVED THAT THE BOARD APPROVE THE NOVEMBER 2021 RECONCILIATION REPORT AS SUBMITTED. THE MOTION WAS SECONDED BY JON BLACK.

Dr. Scheerer provided an extensive review of this all-inclusive report that shows deposits, checks written for MHRS Board operations, payments to in-network service providers and out-of-network community partners, and journal entries.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: JON BLACK, YEA; TONY MAYLE, YEA; SUE HOOVER, YEA; DAN SCHEERER, YEA; AND BEN TAYLOR, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING FIVE POSITIVE VOTES.

2. **Official Adoption of Calendar Year 2022 Appropriations Measure:**

DAN SCHEERER MOVED THAT THE BOARD OFFICIALLY ADOPT THE CALENDAR YEAR 2022 ANNUAL APPROPRIATION MEASURE THAT WAS INITIALLY APPROVED BY THE BOARD OF DIRECTORS AT THE MAY 13, 2021, MEETING IN THE AMOUNT OF \$9,650,160.00. THE MOTION WAS SECONDED BY JON BLACK.

It was noted that at year-end the State Examiner requires the MHRS Board to officially adopt the Annual Appropriations Measure for the next calendar year.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: JON BLACK, YEA; SUE HOOVER, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND BEN TAYLOR, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING FIVE POSITIVE VOTES.

IX. OLD BUSINESS:

1. **Follow-Up – CHESS Health's 'Connections' App:**

In response to a question posed at the November board meeting, Director Cromwell pointed out that CHESS's E-Therapy portion of the 'Connections' App could not be provided in Ohio, as they are not licensed in our state to provide that service.

CHESS will soon begin working with contract providers to coordinate the work needed in order to get the app out to clients as quickly as possible.

X. NEW BUSINESS:

1. **Next Meeting:** The next in-person meeting of the Board of Directors will be held *at 7:00 p.m. on Thursday, January 13, 2022, at the MHRS Board Office, 1500 Coal Run Road, Zanesville.* Committee meetings will be held from 6:00 to 7:00 p.m.

XI. COMMENTS FOR THE GOOD OF THE ORDER:

◆ **BOARD MEMBER SPOTLIGHTS:** Jamie McGrew asked board members to send her brief bios, so that she can begin 'spotlighting' board members on the MHRS Board's website.

◆ **BOARD MEMBER RECRUITMENT:** Director Cromwell noted there are currently four vacancies on the MHRS Board of Directors (Coshocton, Guernsey, Noble, and Muskingum). Prospective members have been identified for Coshocton and Muskingum Counties; however, leads on individuals who might be interested in serving from Guernsey and Noble Counties would be helpful.

XII. ADJOURNMENT: TONY MAYLE MOVED THAT THE MEETING BE ADJOURNED. THE MOTION WAS SECONDED BY SUE HOOVER. The meeting adjourned at 7:40 p.m.

SIGNATURES

SUBMITTED BY:

APPROVED BY:

Linda Hand, Administrative Coordinator

Misty Cromwell, Executive Director

William Johnson, President