

# Board Update

Mental Health & Recovery Services (MHRS) Board  
 Serving Coshocton, Guemsey, Morgan, Muskingum, Noble & Perry Counties  
 1500 Coal Run Road, Zanesville, Ohio 43701  
 Phone: 740-454-8557

Regular Board Meeting  
 Highlights  
 September 12, 2024

## FinancialMatters

Under the guidance of Finance Committee Chair Dr. Dan Scheerer, board members reviewed the following fiscal issues.

- **Reconciliation Reports:** Board members reviewed and approved the July and August 2024 Reconciliation Reports that showed deposits, checks written for MHRS Board operations, payments to in-network contract service providers and out-of-network community partners, and journal entries.
- **Other Financial Reports:** Board members also reviewed the following July and August 2024 fiscal reports: 1) Balance Sheets through August 31, 2024; 2) Monthly Reports of Funding Reserves; 3) Year-to-Date Status Reports for the MHRS Board's Operating Budget; 4) Contract Services Expenses; and 5) Dashboard Reports that provide a high-level overview of key fiscal indicators.
- **Funding Request – Muskingum Behavioral Health (MBH):** Board members voted to table a \$49,054.00 funding request from MBH to support six months of expenses related to claims billing. This request will again be presented at the October 10 board meeting, along with a plan of action that could demonstrate a stronger fiscal position.
- **Funding Request – Perry Behavioral Health Choices:** Board members approved a \$100,000 allocation to provide seed money for the independent operations of the Café Grounds Coffee Shop. A proforma revenue & expense forecast for the Coffee Shop through 2026 indicated it will eventually become a self-supporting venture that will permit the shop to operate independently from PBHC and help those in recovery advance in their recovery.
- **July and August Payments for Services:** Below is a breakdown of payments for mental health and addiction recovery services for clients and families or for system improvements:

<i>Accounts Payable</i>	<i>In-Network Providers</i>	<i>Out-of-Network Partners</i>	<i>TOTAL</i>
<i>July 1, 2024</i>	<i>\$193,890.30</i>	<i>\$12,353.40</i>	<i>\$206,243.70</i>
<i>July 15, 2024</i>	<i>\$282,030.51</i>	<i>\$98,308.78</i>	<i>\$380,339.29</i>
<i>July 29, 2024</i>	<i>\$101,811.85</i>	<i>\$965,848.85</i> <i>\$297,880.14</i>	<i>\$1,365,540.84</i>
<i>August 12, 2024</i>	<i>\$234,655.96</i>	<i>\$311,251.01</i>	<i>\$545,906.97</i>
<i>August 26, 2024</i>	<i>\$191,897.52</i>	<i>\$210,241.49</i>	<i>\$402,139.01</i>
<i>TOTAL</i>	<i>\$1,004,286.14</i>	<i>\$1,895,883.67</i>	<i>\$2,900,169.81</i>

### **Executive Director**

Misty Cromwell

### **Board of Directors**

Sean Brady

Reid Carpenter

Abby Corder

Leondra Davis

Randi Earnest

Dennis Hitchcock

Sue Hoover

William Johnson

Tony Mayle, Jr.

Dave Peoples

Dan Scheerer, M.D.

Wendy Starlin

Ben Taylor

Bonnie Taylor

### **Board President**

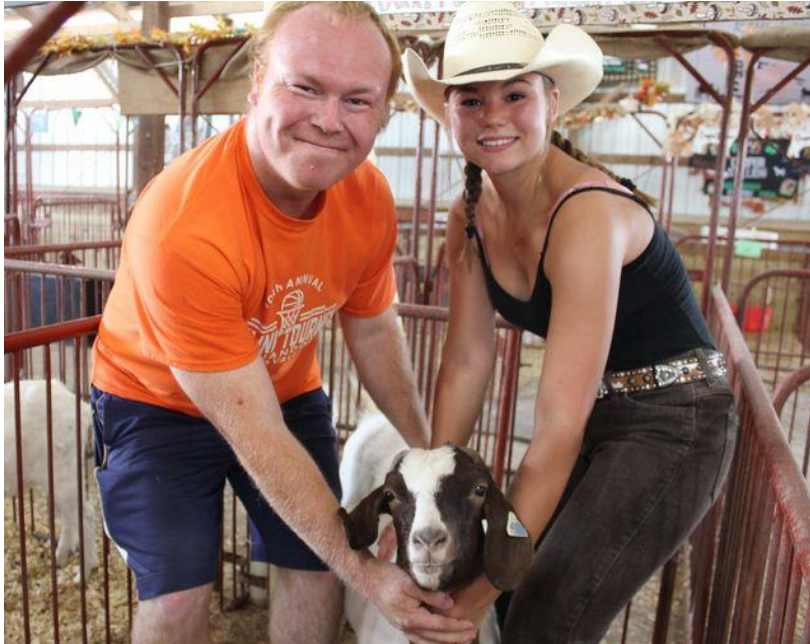
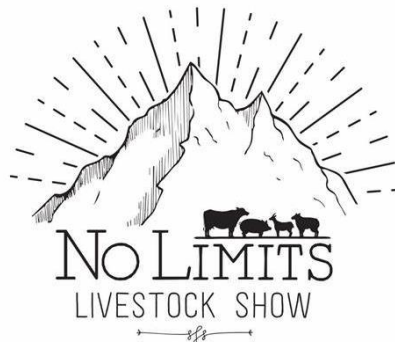
Sue Hoover

### **Board Vice President**

Leondra Davis

### **Mission Statement**

*Our mission is to distribute federal, state, and local funding to community mental health providers in a way that facilitates the existence of (and access to) high-quality mental health and substance use recovery services in our six counties.*



*(Pictured above is a 'No Limits' Participant and his Mentor for the Livestock Show)*

The Noble County Board of Developmental Disabilities and the Mental Health & Recovery Services Board teamed up to offer a free opportunity for children over the age of eight, and/or adults who have developmental disabilities or receive mental health services — to show rabbits, sheep, goats, or feeder calves at the Noble County Fair. All animals were provided, and the 'No Limits' participants were paired with a 4-H or FFA member, who mentored them from practice on Monday of fair week until showtime on Friday.

Sarah Reed, the MHRS Board's Director of Compliance and Quality Improvement said, "The 'No Limits' Livestock Show was a huge success and such an amazing experience for those showing animals as well as the 4-H and FFA mentors. To watch them be a part of something that can be life-changing doesn't happen very often, but it did tonight!"



Amanda Snellings attended the Partners Workgroup meeting to present an update about Ohio START, an intervention program that provides services to families struggling with substance use and childhood trauma issues — with overall goals focused on safety, stability, and support.

Ohio START:

- Approaches substance use disorders with compassion, understanding, and hope for recovery.
- Works as a team, supporting and holding each other accountable.
- Believes in family, love, and redemption.

Ohio START caseworkers connect families with local treatment and support services, work with treatment teams to develop a case plan, and make periodic home visits. A unique aspect of the program is the use of Peer Mentors, who have ‘lived experience’ similar to program’s participants. They meet with families, attend treatment team meetings, and court hearings. They provide support and non-judgmental, honest, and empathetic assistance.

Participant Perspective: *“My caseworker met with me weekly to make sure all my needs were met and cared about what was best for my child and my family. I was also able to meet weekly with my peer supporter specialist. This was a woman just like me, who has been on my end of a CPS case and had been successfully reunited with her children. All I had to do was breathe, listen, and take the next right steps.”*

For additional information, please contact Peer Mentor Amanda Snellings at the Perry County Children Services Board – 740-342-3836.

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*Bringing Help, Bringing Hope.*

**Thank you**

Due to a ‘Week of Appreciation’ grant from the Ohio Association of County Behavioral Health Authorities, MHRS Board network employees had the opportunity to order an appreciation gift item from an online vendor.

MHRS Board Director Misty Cromwell commended all employees in the network for the many ways they are ‘making positive differences’ in the lives of those struggling with mental illness and/or addiction and their families.

## *MHRS Board Outreach to Service Area Farmers @ County Fairs*

Sarah Reed, MHRS Board Director of Compliance and Quality Improvement, reported on recent outreach efforts to area farmers. Experts have noted that many farmers quietly struggle with untreated anxiety and depression, which may lead to disastrous outcomes.

The MHRS Board's farmer outreach resource tables at county fairs included the gathering of feedback through an anonymous survey about stress in rural communities and, in particular, among farmers. Thus far, a total of 733 surveys were completed at the Perry, Guernsey, Noble, Muskingum and Morgan County Fairs! Resource information was also provided. These activities will also be offered at the upcoming Coshocton County Fair that will be held September 27 – October 3, 2024.

Survey results will be analyzed and shared with community stakeholders — with the hope of creating at least two Farm/Rural Navigator positions to help support farmers in distress.

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## *Updates – Special Construction Projects*

- ✓ ***Regional Youth Crisis Stabilization Unit (CSU):*** The Village Network is hosting a CSU groundbreaking ceremony for this project on October 9 in Bethesda, Ohio. This is a joint venture with MHRS Boards in Jefferson County; Belmont-Harrison-Monroe Counties; and Washington County. It is anticipated construction will begin next spring.
- ✓ ***Genesis Youth Crisis Stabilization Unit:*** This project appears to be on track for addressing the bidding process and contract development. Required information must be submitted to the Ohio Department of Mental Health & Addiction Services by September 30.
- ✓ ***Allwell Behavioral Health's Urgent Care Facility – Guernsey County:*** A contractor for this project has been identified and things are beginning to move forward.

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*September is National Suicide Awareness Month, a time to remember the lives lost to suicide, acknowledge those who have experienced suicidal thoughts, and the many individuals, families, and communities that have been impacted by suicide.*

*During September and throughout the year, we can care about suicide prevention, connect to communities, and collaborate with others to address this public health problem.*

*For information about the MHRS Board's service area Suicide Prevention Coalitions, please contact Jamie McGrew at 740-454-8557 or [jamiem@mhrs.org](mailto:jamiem@mhrs.org).*

