

2023 Annual Report to the Community



Mental Health & Recovery Services (MHRS) Board

of Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties

1500 Coal Run Road – Zanesville, OH 43701

740-454-8557

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Facebook Page: www.facebook.com/MAMHR SB



(Culture of Quality Certified Board)

A MESSAGE FROM EXECUTIVE DIRECTOR MISTY CROMWELL



In accordance with our mission, we have continued to support the existence of—and access to—mental health and addiction recovery services in our six-county service area. Our efforts have been strengthened by our connections with clients and their families, contract service providers, and other community partners—as we work to maintain our recovery-oriented system of care.

As you look at the 2023 highlights included in this report, you will see how we have used our federal, state, and local levy dollars to improve the lives of those struggling with mental illnesses and/or addictions. This year, a statewide effort was launched to strengthen services for clients and families in crisis, and we are very excited about this initiative that will begin development in 2024.

Be sure to check out page 7, where two clients have shared their recovery stories. By sharing these stories, we can continue to build unity and enhance community connections.

As always, we hope you will join us in our efforts to keep our communities healthy, safe, and drug-free — while assuring accountability and effectiveness in all our operations.

Thank you.

Misty Cromwell



Our mission is to distribute federal, state, and local funding to community mental health providers in a way that facilitates the existence of—and access to—high-quality mental health and substance use services in our six counties.

SOME CALENDAR YEAR 2023 HIGHLIGHTS

SYSTEM PLANNING

★ **Community Assessment and Plan:** The MHRS Board’s 3-Year Community Assessment and Plan was completed in January of 2023. The plan described current behavioral health system issues in our service area and identified priorities for treatment and recovery support services and prevention services.

★ **Refreshed Strategic Plan:** In February, board members and employees developed a ‘refreshed’ Strategic Plan that became effective July 1, 2023. This plan will guide the decision-making process and facilitate a method for tracking progress.

★ **Roundtable Discussions:** Roundtable Behavioral Health Discussions were held in Coshocton and Morgan Counties. Groups of stakeholders met to review the MHRS Board’s Community Needs and Assessment Plan, assess current systems, develop action plans for improving behavioral healthcare, and address resource mapping. Each county formed workgroups to address their action plan goals and communicate the outcomes of their efforts.

FUNDING OF TREATMENT & SUPPORT SERVICES

★ **TRANSFORMING THE FUNDING PROCESS:** The MHRS Board is developing a new method by which service provider recipients of funding will be selected — a process that will enhance accountability and demonstrate the appropriate and successful use of public funds. Contract service providers were given the opportunity to prepare and submit a ‘dry-run’ funding application to the MHRS Board, which helped them to better understand the changes coming through this 3-phased plan. The MHRS Board’s Partners Workgroup has been reviewing the tiered service priorities under the new process.

★ **PAYMENTS FOR PROVISION OF SERVICES:** In Calendar Year 2023, the MHRS Board paid out **\$11,156,615.00** to contract service providers and various community partners for the provision of treatment and support services to persons with mental illness and/or addictions.

★ **SPECIAL ALLOCATIONS:** The MHRS Board also awarded network service providers some special allocation funds that were outside the scope of their contract with the MHRS Board. Primarily, the funds were needed for facility enhancements, program expansions, and important collaborative work. Some allocations were also granted to community partner organizations that serve persons with mental illness and/or addictions.

★ **STATE OPIOID RESPONSE (SOR) SUB-AWARDS:** The MHRS Board approved SOR Sub-Grant Awards totaling **\$745,302.00**. These funds are being used to help individuals in managing their long-term addiction recovery.

★ **MINI-GRANT AWARDS:** In 2023, the MHRS Board approved about **\$135,000.00** in mini-grants to service area community grassroots organizations. These grants help to engage citizens in creative community betterment that can positively impact at-risk populations. The grants

addressed homelessness, domestic violence, troubled students, suicide prevention, family grief, and trauma-informed care training.

★ **ADDICTION CRISIS IN SCHOOLS:** In response to addiction crises experienced in local schools, the MHRS Board purchased and distributed Naloxone lock boxes to school buildings throughout the six-county service area.

THREE LEVIES RENEWED!

MHRS Board renewal levies in Coshocton, Morgan, and Noble Counties were approved by voters on November 7. These renewal successes will help to ensure that treatment and support services are available for those struggling with mental illness and/or addictions.

SCOPE GRANT

The MHRS Board was awarded a \$500,000.00 SCOPE Grant to support outreach trainings for first responders on: 1) the administration of the opioid-reversing drug Naloxone; 2) providing Narcan leave-behind bags at the end of outreach visits to persons who have overdosed; and 3) referring people to addiction recovery organizations. SCOPE stands for “*Strategies to Coordinate Overdose Prevention Efforts.*”

CRIMINAL JUSTICE

★ **CRIMINAL JUSTICE COLLABORATIVES:** The number of the MHRS Board’s Criminal Justice Collaboratives doubled this year—with the addition of groups in Coshocton and Perry Counties. Throughout the year, meetings were held in Coshocton, Guernsey, Muskingum, and Perry Counties — with a goal of better meeting the needs of persons with mental illness and/or addictions who come into contact with the criminal justice system.



★ Twenty-seven law enforcement officers graduated from the 2023 CIT Academy. The 4-day course covered scene assessment and de-escalation skills, basic information about mental illnesses and addictions, and the importance of officer self-care. The group also heard the meaningful perspectives of clients and family members.

☆ **OUTREACH INITIATIVES – OHIO STATE**

HIGHWAY PATROL: Several Ohio State Highway Patrol Posts in our region are piloting a program where they will share information with behavioral healthcare workers about those pulled over for OVI offenses, so that resource information can be provided, and an outreach effort can be made. Another outreach project is promoting the involvement of behavioral health professionals in OVI checkpoint events, where they can directly provide resource information about where persons can go for treatment and support services. Direct behavioral health checkpoints have already occurred in Guernsey and Muskingum Counties.



FRIENDS OF RECOVERY

On September 27, the MHRS Board presented this year’s Friends of Recovery Awards. The Board annually recognizes individuals who promote recovery from mental illness and/or addictions.



Pictured above (L to R) are **Sue Ellen Foraker** (Allwell Behavioral Health), **Wade Danser** (Allwell Behavioral Health), **Michael Hardbarger** (Muskingum County Juvenile Detention Center), **Jennifer Nelson** (Perry County Children Services), **Kim Charlton** (Guernsey County Multi-System Youth Director), and **Morgan County Chief Deputy James Fisher**. Other recipients were **Regina Yost** (Perry Behavioral Health Choices), and **Kaylea Barnett** (Guernsey County Creative Options Leader).

“Mental illness and addiction are universal problems, but people can and do recover; and when people recover, the lives of their families, friends and neighbors are improved as well. We are so grateful to these individuals for the positive differences they are making in the lives of persons coping with a mental illness and/or addiction.”

— Misty Cromwell

STRENGTHENING CRISIS SERVICES

The MHRS Board is receiving \$11,385,000 in ARPA Funds to help strengthen local services for persons facing a mental health or addiction crisis. The funds will go toward the following projects:

- An 8-10-bed Crisis Stabilization Unit for Minors to be in the Genesis Behavioral Health building.
- Development of a Behavioral Health Urgent Care Unit in Cambridge.
- Enhancing crisis care coordination through the use of the EPIC electronic health record platform.
- A Class 1 Residential Facility for Minors to be located in Bethesda, Ohio, and operated by The Village Network. This is a collaborative project with neighboring MHRS Boards.

SPECIAL EVENTS



★ **SUICIDE AWARENESS BANQUET:** The 16th Annual Suicide Awareness Banquet was held in April. The event was focused on offering hope to Military, First Responders, and Law Enforcement — with the theme being “*Connect, Communicate, Care.*” Keynote speaker Jason Hughes (from the Ohio Suicide Prevention Foundation) stressed the importance of reducing the number of deaths by suicide through initiating conversations about suicide, instilling hope in others, and referring at-risk individuals to appropriate mental health and addiction recovery resources.

★ **THE RECOVERY SUMMIT:** The Annual Recovery Summit was held on September 22 in Zanesville. There were 135 people in attendance, who heard inspiring recovery stories, danced, played games, and created crafts. Most importantly of all, they celebrated recovery with each other.



★ **COLOR WADDLE:** About 275 persons came together on a rainy Saturday in May to participate in a “Color Waddle” at the OUZ Collegial Trail. This event was co-hosted by the MHRS Board, the Muskingum County Suicide Prevention Coalition, Drug-Free Muskingum, and NAMI Six County. The event fostered a sense of togetherness, while also raising funds for NAMI Six County. As people proceeded on the trail, reps from various community organizations blasted them with colored powder.

RECOVERY STORIES

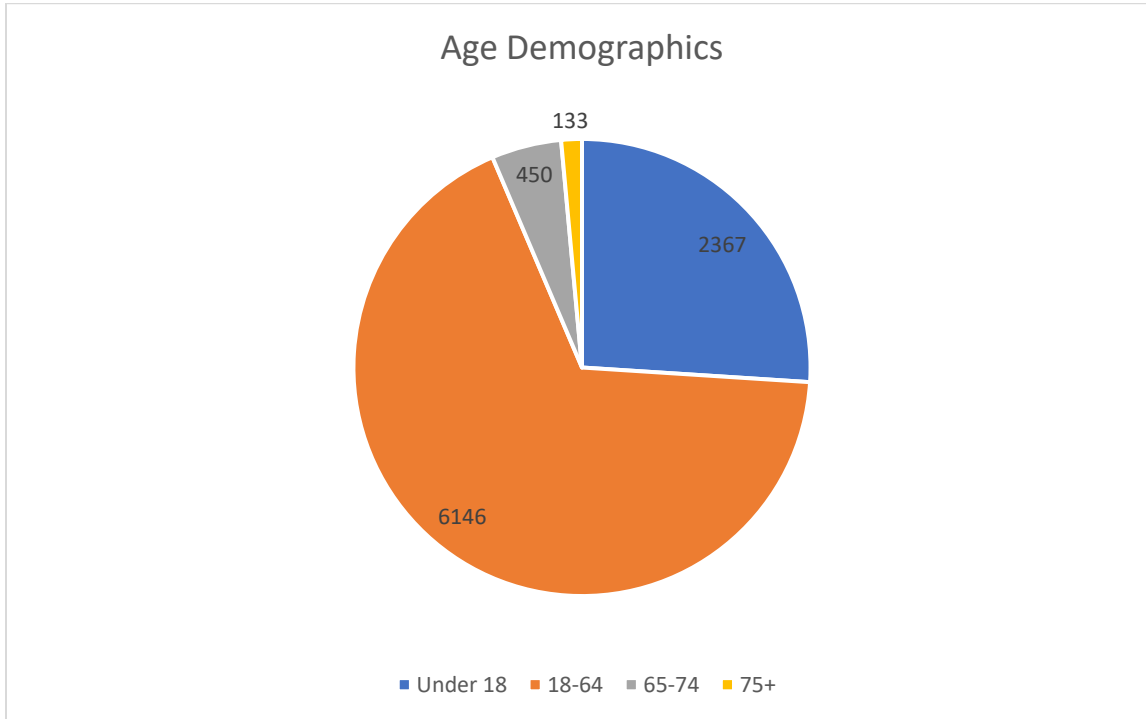
Below are just two of many recovery stories we have received that provide open and honest perspectives about the highly misunderstood topics of mental illness and substance use disorders:

▶ *“My life has changed for the better because I’m trying to live life ‘one day at a time.’ This quote almost seems impossible for me. For some reason, when I’m in active addiction, things often come to me all at once. It’s still hard for me to grasp this quote. In this journey of being in inpatient rehab, I feel like I will be able to conquer this. Drugs have made me lose everything — my children and my own home. ‘One day at a time’ is going to help me. In all honesty, the Perry County Court of Common Pleas has helped me on my path to recovery, along with the support of my friends and family. The staff at Stanton Villa are helping me because I am learning structure. Lack of structure was a huge part of my not doing the right thing at the right time. My more structured life will help me to follow the rules and obtain stability.”*

▶ *“Since I’ve been in recovery, life has had its ups and downs, but one thing I lean on in my life journey is the fact that we’re responsible for our own recovery and our own actions. No, it hasn’t been easy being in recovery. Every morning a new battle starts, but I have learned to wake up to face the day, hopefully knowing it will be a better start than yesterday. People can see recovery in different ways. I see it as a person that has improved to the point that they can help others in their recovery. I am a recovering addict that suffers from a mental illness. Over the past two years at Allwell Behavioral Health, I have talked with so many people who are in recovery. They have different ways of recovering. You can’t judge a book by its cover; you have to read at least some of it to understand and get to know them. Allwell has changed me to who I am today. The things that help me the most on my path to recovery are my kids, God, and good friends.”*

2023 Demographics: Treatment & Recovery Services

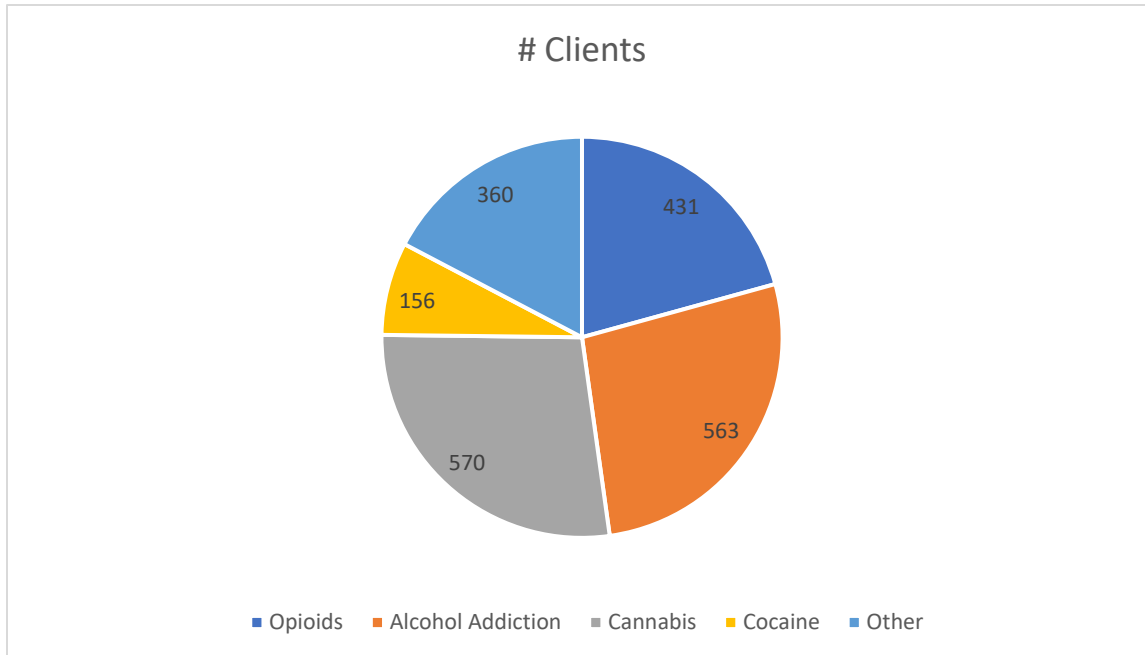
Age Demographics of Individuals Receiving Services



Age	# Clients	Percent of Total
Under 18	2367	26%
18 - 64	6146	68%
65 - 74	450	5%
75+	133	1%

2023 Demographics: Treatment & Recovery Services

Diagnosis of Individuals Receiving Addiction Treatment and Recovery Services

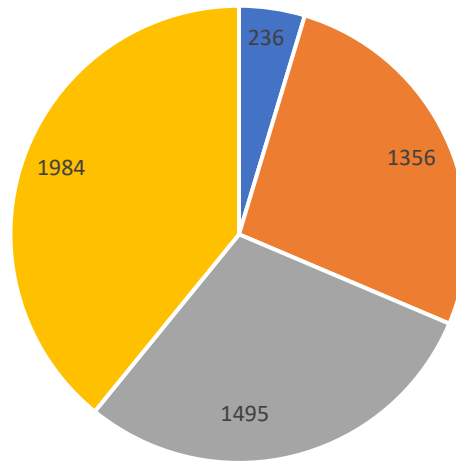


Diagnosis	# Clients	Percent of Total
Opioids	431	21%
Alcohol Addiction	563	27%
Cannabis	570	27%
Cocaine	156	8%
Other	360	17%

2023 Demographics: Treatment & Recovery Services

Diagnosis of Individuals Receiving Mental Health Services

Primary Mental Health Diagnosis



■ Schizophrenia ■ Major Depressive Disorders ■ Bipolar Disorder ■ Other Anxiety Disorders

Diagnosis	# Clients	Percent of Total
Schizophrenia	236	5%
Major Depressive Disorders	1356	27%
Bipolar Disorder	1495	29%
Other Anxiety Disorders	1984	39%

CALENDAR YEAR 2023 REVENUE

LOCAL LEVIES	
Coshocton Levy	334,750
Guernsey Levy	890,390
Morgan Levy	199,688
Muskingum Levy	1,492,468
Tax Settlement (Muskingum County)	115,009
Noble Levy	409,925
Perry Levy	504,979
SUBTOTAL – LOCAL LEVIES	3,947,208
STATE FUNDS	
421 Funds	2,552,726
Forensic Funds	316,715
Access to Success Grants	11,800
State Per Capita Funds 421 Both	244,506
Gambling Funds	74,847
Community Investment (421 Funds)	105,634
Criminal Justice – Addiction Treatment Program Grant – BH Linkage	41,667
Recovery Housing	48,400
Prevention and Wellness Grant	17,160
Prevention and Wellness – EBP	24,800
Special Grant – Jail Medications	39,382
Community Investment – Special Legislative Allocation	448,005
Crisis Stabilization Center	125,000
OACBHA Appreciation Grant and Crisis Text Line	11,500
Special Docket – Courts	245,000
Crisis Flex Funds	117,596
Prevention & Wellness – Early Intervention	110,000
Youth Crisis Stabilization	343,750
Criminal Justice – Addiction Treatment	12,500
Community Transitions	77,500
Access to Wellness	42,900
Hospital Access Program	20,800
Crisis Infrastructure	50,000
Multi-System Adult	77,186
OACBHA – HECC Plan/TA Grant	26,800
SUBTOTAL – STATE FUNDS	5,196,173
FEDERAL FUNDS	
Block Grant – Alcohol and Drug	756,309
Block Grant – Mental Health	318,856
Block Grant – Women	282,317
Title XX	158,726
Ohio – State Opioid Response (SOR)	575,745
Indigent Patient	12,002
Project Aware	100,000
SUBTOTAL – FEDERAL FUNDS	2,203,954
OTHER FUNDS	
Employee Share of Health Insurance	16,710
Agency Reimbursement and Refunds	4,089
Recovery Summit	3,290
SUBTOTAL – OTHER FUNDS	24,089
TOTAL REVENUE - \$11,371,425.65	

CALENDAR YEAR 2023 EXPENDITURES

PAYMENTS TO CONTRACT SERVICE PROVIDERS	
Allwell Behavioral Health Services	4,711,727
Forensic Diagnostic Center of District 9	469,544
Coshocton Behavioral Health Choices	508,701
Guernsey Health Choices	344,843
Morgan Behavioral Health Choices	222,146
Muskingum Behavioral Health	642,019
Perry Behavioral Health Choices	1,016,204
MHR SB – Belmont, Harrison & Monroe (Residential – Liberty Manor)	60,328
Levy Collaborative	429,025
Children’s Residential	433,893
Community Action – Morgan and Washington Counties	6,804
Criminal Justice – Addiction Treatment Program – Court Administration	12,580
State-Operated Services	1,217,301
Prevention and Wellness Grant	28,111
Community Medications Grant – Jails	39,382
Specialty Docket – Courts	245,000
Recovery Summit	3,657
Special Legislative Allocation Grant	152,705
Muskingum County Creative Options	-1,350
Ohio – State Opioid Response (SOR)	259,268
OACBHA Grants	24,273
Access Success	7,000
Multi-System Adult Services	1,230
Muskingum County Court Program	7,500
Ascend Innovations, Inc.	41,624
Overdose Awareness Day	11,110
Crisis Infrastructure	77,000
Trulight Ministries	63,451
Indigent Patient Hospitalization	31,202
Crisis Flex Funds	90,337
SUBTOTAL – PAYMENTS TO SERVICE PROVIDERS	11,156,615
PAYMENTS ON BEHALF OF SERVICE PROVIDERS	
GOSH Billing System	-17,725
SUBTOTAL – PAYMENTS ON BEHALF OF SERVICE PROVIDERS	-17,725
OPERATING COSTS OF MHR SB BOARD	
Administration	990,273
Agency Service	41,764
Levy Settlement	38,499
SUBTOTAL – MHR SB BOARD OPERATING COSTS	1,070,536
TOTAL EXPENDITURES - \$12,209,426.12	



ALLWELL BEHAVIORAL HEALTH SERVICES

- ▶ 2845 Bell Street, Zanesville, OH, 43701 740-454-9766
- ▶ 710 Main Street, Coshocton, OH, 43812 740-622-4470
- ▶ 2500 John Glenn Highway, Cambridge, OH, 43725 740-439-4428
- ▶ 915 S. Riverside Drive, McConnelsville, OH, 43756 740-962-5204
- ▶ 44020 Marietta Road, Caldwell, OH, 43724 740-732-5233
- ▶ 1375 Commerce Drive, New Lexington, OH, 43764 740-342-5154

COSHOCTON BEHAVIORAL HEALTH CHOICES

- 610 Walnut Street, Coshocton, OH, 43812 740-622-0033

GUERNSEY HEALTH CHOICES

- 1009 Steubenville Avenue, Cambridge, OH, 43725 740-439-4532

MORGAN BEHAVIORAL HEALTH CHOICES

- 915 S. Riverside Drive, McConnelsville, OH, 43756 740-962-6933

MUSKINGUM BEHAVIORAL HEALTH

- 1127 West Main Street, Zanesville, OH, 43701 740-454-1266

PERRY BEHAVIORAL HEALTH CHOICES

- 203 N. Main Street, New Lexington, OH, 43764 740-342-1991

FORENSIC DIAGNOSTIC CENTER OF DISTRICT 9

- 1109 Clark Street, Cambridge, OH, 43725 740-439-4136



There are times in each of our lives when we, our family, friends, or co-workers struggle with behavioral health issues. For over 50 years, your local Mental Health & Recovery Services Board has responded to community needs by establishing a System of Care that provides hope and "Help Close to Home."

Board of Directors

- Sue Hoover (Muskingum County), Board President
- Leondra Davis (Coshocton County), Board Vice President
- Sean Brady (Muskingum County)
- Reid Carpenter (Noble County)
- Abby Corder (Muskingum County)
- Randi Earnest (Guernsey County)
- Megan Gee (Guernsey County)
- Dennis Hitchcock (Muskingum County)
- William Johnson (Coshocton County)
- Tony Mayle, Jr. (Morgan County)
- Dan Scheerer, M.D. (Muskingum County)
- Wendy Starlin (Perry County)
- Ben Taylor (Perry County)
- Bonnie Taylor (Muskingum County)

Staff Members

- Misty Cromwell, Executive Director
- Elaine Shuster, Associate Director
- Jamie McGrew, Care Management Director
- Rhonda Hanes, Fiscal Operations Director
- Karl Hoop, Crisis/Criminal Justice Services Coordinator
- Janet Hill, Business Manager
- Linda Hand, Administrative Coordinator
- Roger Birch, Youth & Family Services Coordinator
- Terri France, Office Manager

HELP IN TIMES OF CRISIS

Allwell Behavioral Health Services

CRISIS HOTLINE – 1-800-344-5818

