

MENTAL HEALTH & RECOVERY SERVICES (MHRS) BOARD
Serving Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties
 1500 Coal Run Road – Zanesville, OH, 43701

OFFICIAL MINUTES
(January 12, 2023)

I. BOARD NOTIFICATION & COMPLIANCE WITH SUNSHINE LAW:

On January 3, 2023, board members, contract organization directors, service area news media, county boards of commissioners, and state legislators were notified the Board of Directors would meet on Thursday, January 12, 2023, at the MHRS Board Office — with the schedule of activities to include: 6:00 p.m., Meetings of Finance/Audit Committee and Partners Workgroup; and 7:00 p.m., regular board meeting.

II. CALL TO ORDER: President William Johnson called the regular board meeting to order at 7:05 p.m.

III. ROLL CALL:

Board Members present:

- *William Johnson, President (Coshocton County)*
- *Sue Hoover, Vice-President (Muskingum County)*
- *Leondra Davis (Coshocton County)*
- *Megan Gee (Guernsey County)*
- *Dennis Hitchcock (Muskingum County)*
- *Tony Mayle, Jr. (Morgan County)*
- *Dan Scheerer, M.D. (Muskingum County)*
- *Ben Taylor (Perry County)*

Board Members excused:

- *Reid Carpenter (Noble County)*
- *Sean Brady (Muskingum County)*
- *Randi Earnest (Guernsey County)*
- *Jennifer Hanson (Muskingum County)*
- *Larisa Harper (Muskingum County)*
- *Wendy Starlin (Perry County)*

There being eight board members present, a quorum was constituted for conducting official business.

Staff Members present:

- *Misty Cromwell, Executive Director*
- *Elaine Shuster, Associate Director*
- *Karl Hoop, Crisis/Criminal Justice Coordinator*
- *Jamie McGrew, Care Management Director*
- *Rhonda Hanes, Fiscal Operations Director*
- *Roger Birch, Youth & Family Services Coordinator*
- *Linda Hand, Administrative Coordinator*

IV. INTRODUCTION OF GUESTS: Tammy Stillion, Allwell’s Noble Counseling Center site director, was present at the Partners Workgroup meeting.

V. AGENDA: President Johnson noted one revision to the pre-mailed agenda – Under Finance/Audit Committee — Item 6c., *Community-Wide Collaborative Funding*, was changed from an action item to an ‘information only’ item. DENNIS HITCHCOCK MOVED THAT THE BOARD APPROVE THE JANUARY 12, 2023, MEETING AGENDA AS AMENDED. THE MOTION WAS SECONDED BY SUE HOOVER AND UNANIMOUSLY APPROVED.

VI. MEETING MINUTES: Minutes from the December 8th board meeting were e-mailed to board

members on December 14. LEONDRA DAVIS MOVED THAT THE BOARD APPROVE THE MINUTES OF THE DECEMBER 8, 2022, MEETING AS SUBMITTED. THE MOTION WAS SECONDED BY DENNIS HITCHCOCK, AND A ROLL CALL VOTE WAS TAKEN AS FOLLOWS: SUE HOOVER, YEA; LEONDRA DAVIS, YEA; MEGAN GEE, YEA; DENNIS HITCHCOCK, YEA; TONY MAYLE, JR., YEA; DAN SCHEERER, YEA; AND BEN TAYLOR, ABSTAIN. MOTION WAS APPROVED RECEIVING SIX POSITIVE VOTES AND ONE ABSTENTION.

VII. EXECUTIVE DIRECTOR'S REPORT:

Key issues from Misty Cromwell's January Director's Report were:

◆ **MHRS Board Mini-Grants:** The MHRS Board recently sent out a Request for Mini-Grant Proposals from community partners that have supplemental supportive services or projects that help reduce gaps in outpatient mental health and addiction care and align with the MHRS Board's mission. The maximum amount per grant is \$5,000. Award notifications will occur on or before January 20. Funds must be spent by June 30.

◆ **Community Plan and Strategic Plan:** (Summaries included in Board Meeting Highlights attached to the minutes.)

◆ **Hickory Creek Behavioral Health Network:** Director Cromwell recently met with reps from Hickory Creek to learn more about their Acute Inpatient Psychiatric Hospital located on the grounds of the old Cambridge State Hospital (targeted to open on January 16). Opening capacity will be 32 beds, with an average length of stay being 3-5 days. (Hickory Creek has not yet been certified/licensed by the Ohio Department of Mental Health & Addiction Services.)

◆ **Crisis Stabilization Unit (CSU) for Kids:** The MHRS Board partners for this project recently released an RFP for the development of an Eastern Ohio Multi-County Children's Short-Term Residential Crisis Stabilization Unit. RFPs are due back to Misty Cromwell by February 10, 2023.

◆ **Overdose Quick Response Teams (QRTs):** (Summary included in Board Meeting Highlights attached to the minutes.)

VIII. FINANCE/AUDIT COMMITTEE REPORT: (Dr. Dan Scheerer, Chair)

1. Resolution – Authorization to Pay 2022 Bills in 2023:

DAN SCHEERER MOVED THAT THE BOARD ADOPT THE RECOMMENDATION OF THE FINANCE/AUDIT COMMITTEE TO APPROVE THE FOLLOWING RESOLUTION: IT HAS BEEN REQUESTED BY THE FISCAL DEPARTMENT TO PAY 2022 BILLS IN 2023. THIS WOULD INCLUDE ANY UNKNOWN INVOICES DATED FOR 2022 THAT ARE PRESENTED FOR PAYMENT IN 2023. ANY KNOWN 2022 EXPENSES HAVE BEEN DOCUMENTED AS A CARRYOVER EXPENSE. IT IS RESOLVED THAT INVOICES DATED FOR 2022 PRESENTED FOR PAYMENT IN 2023 ARE APPROVED FOR PAYMENT. THE MOTION WAS SECONDED BY BEN TAYLOR.

Chairman Scheerer noted that this is a standard motion that is acted upon each January to go on record that, over the next few months, the Board of Directors will be reviewing and acting on bills from 2022.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; LEONDRA DAVIS, YEA; MEGAN GEE, YEA; DENNIS HITCHCOCK, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND BEN TAYLOR, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING SEVEN POSITIVE VOTES.

2. December 2022 Financial Reports:

Board members reviewed the MHRS Board's Financial Reports for December 2022 that included: 1) Reconciliation Report; 2) Contract Services Expense Reports; 3) Balance Sheet as of December 31, 2022; 4) Dashboard Report; 5) Monthly Report of Network

Funding Reserves; and 6) a 'Year-to-Date' Status Report for the MHRS Board's CY 2022 Operating Budget.

◆ ***December 2022 Reconciliation Report:***

After the report of Committee action, DAN SCHEERER MOVED THAT THE FULL BOARD ADOPT THE RECOMMENDATION OF THE FINANCE/AUDIT COMMITTEE TO APPROVE THE DECEMBER 2022 RECONCILIATION REPORT AS SUBMITTED. THE MOTION WAS SECONDED BY SUE HOOVER.

Dr. Scheerer provided a thorough review of this all-inclusive report that shows deposits, checks written for MHRS Board operations, payments to in-network service providers and out-of-network community partners, and journal entries.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; LEONDRA DAVIS, YEA; MEGAN GEE, YEA; DENNIS HITCHCOCK, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND BEN TAYLOR, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING SEVEN POSITIVE VOTES.

3. Community-Wide Behavioral Health Collaborative:

Misty Cromwell updated board members about a collaborative project for conducting a comprehensive assessment of the region's crisis continuum and then developing a plan for enhancing and sustaining behavioral health crisis services. In addition to the MHRS Board, the other collaborative partners are: the Genesis Healthcare System, Muskingum Valley Health Centers, and Allwell Behavioral Health. *(The other two hospitals in the region will also be invited to join the group.)* The Collaborative has been collecting project consultant proposals and will meet on January 30 to talk with the last consultant applicant and then hopefully make a final selection of a consultant(s). The four initial collaborative members have agreed to split the consultant cost. Misty also reviewed some possible funding resources for project implementation.

IX. PARTNERS WORKGROUP: *(Megan Gee, Interim Workgroup Reporter)*

1. **Allwell Behavioral Health's Noble Counseling Center (Mental Health & Alcohol Drug Recovery Services):** *(Summary included in Board Meeting Highlights attached to the minutes.)*

X. OLD BUSINESS:

1. **Proposed Downtown Cambridge Building Purchase for the Guernsey Counseling Center:**

In response to a board member's question, Misty Cromwell noted that Allwell Behavioral Health has not yet purchased the former Daily Jeffersonian building in downtown Cambridge to house the Guernsey Counseling Center. Allwell Behavioral Health is determining renovation costs and securing additional funds to support that work.

XI. NEW BUSINESS:

1. **Next Meeting:** President Johnson noted that the MHRS Board would next meet at 7:00 p.m. on **Thursday, February 9, 2023**, at the MHRS Board Office, 1500 Coal Run Road, Zanesville. The Finance/Audit Committee and Partners Workgroup will meet from 6:00 to 7:00 p.m., and the Records Retention Committee will meet from 5:45 to 6:00 p.m.

XII. COMMENTS FOR THE GOOD OF THE ORDER:

- ◆ **Strategic Planning Day:** The MHRS Board's Strategic Planning Day will be held on

Saturday, February 4, 10:00 am to 3:00 pm, at the MHRS Board Office.

◆ **January 2023 Health Equity Reflection:**

Misty asked board members to provide feedback on the January Health Equity Reflection: *"You have probably experienced a time when you were explaining something to someone, and they just did not get it. Then someone else comes along, says the same thing, and the person immediately gets it. The reality is you probably were not the right messenger. The concept of message and messenger is important to the work of health equity, diversity, and inclusion. There will be times when someone hears the message better from someone else. We need to learn to accept that because the message is more important than the messenger."*

- ◆ **Changes in SNAP Benefits:** President Johnson noted that SNAP benefits will revert back to pre-COVID amounts beginning in March. Recipients were accustomed to having additional money to pay for their food, and now it's being taken away. That action, plus the increased inflationary costs of groceries, will probably result in some individuals needing help in coping with stress and anxiety.

XIII. ADJOURNMENT: The meeting adjourned at 8:10 p.m.

SIGNATURES

SUBMITTED BY:

APPROVED BY:

Linda Hand, Administrative Coordinator

Misty Cromwell, Executive Director

William Johnson, Board President