

Board Update

Mental Health & Recovery Services (MHRS) Board
Serving Coshocton, Guemsey, Morgan, Muskingum, Noble & Perry Counties
1500 Coal Run Road, Zanesville, Ohio 43701
Phone: 740-454-8557

Regular Board Meeting
Highlights
October 13, 2022

FinancialMatters

Under the guidance of Finance/Audit Committee Chair Dr. Dan Scheerer, board members reviewed and approved the September 2022 Reconciliation Report that showed deposits, checks written for MHRS Board operations, payments to in-network contract service providers and out-of-network community partners, and journal entries.

Below is a breakdown of payments for the provision of treatment and support services for persons with mental illness and/or addictions:

Accounts Payable 9/22/22	In-Network Providers	\$200,289.68
	Out-of-Network Providers	\$ 81,262.48
Accounts Payable 9/26/22	In-Network Providers	\$194,321.96
	Out-of-Network Providers	<u>\$ 26,068.05</u>
	TOTAL:	\$501,942.17

Other Key Issues Addressed:

- **Special Allocation Request – Coshocton Behavioral Health Choices:**
Board members approved a special allocation request in the amount of \$133,848.73 — to reimburse CBHC for the purchase of a building to house the organization’s “Flight School” Program for children and families. CBHC’s Flight School provides special therapies for children and families to help manage behavioral problems and help them heal and grow after traumatic or stressful experiences.
- **State Opioid Stimulus and No-Cost Extension Sub-Grant Awards:**
Approved the following State Opioid Sub-Grant Awards totaling **\$745,302.00:**

Allwell Behavioral Health	\$ 42,517.06
Coshocton Behavioral Health Choices	\$ 73,634.56
Guernsey Health Choices	\$ 49,671.46
Muskingum Behavioral Health	\$ 67,836.80
Perry Behavioral Health Choices	\$ 90,084.10
Muskingum County Health Department	\$ 54,505.10
Muskingum Valley Health Centers	\$111,909.75
Zanesville Treatment Center	\$ 47,287.00
Cambridge Municipal Court	\$172,244.80
Administrative Fees	\$ 35,611.37

Executive Director
Misty Cromwell

Board of Directors

Sean Brady
Reid Carpenter
Leondra Davis
Randi Earnest
Megan Gee
Jennifer Hanson
Larisa Harper
Dennis Hitchcock
Sue Hoover
William Johnson
Tony Mayle, Jr.
Dan Scheerer, M.D.
Wendy Starlin
Ben Taylor

Board President

William Johnson

Board Vice President

Sue Hoover

*The mission of the
MHRS Board is to
facilitate a Recovery-
Oriented System of Care
that promotes mental
health and supports the
recovery of each person
who needs services for
mental illness and/or
addiction.*

The State Opioid Funds will support Treatment Navigators, Peer Mentors, Recovery Coaches, Medication-Assisted Treatment, and Transportation Costs. These services will help to save lives and support individuals to better manage their long-term recovery.

2022 Friend of Recovery Awards



(L to R): Dr. Kristin Barker, Troy Leopold, Pastor Neal Dearyan, Chrissy Parr, Marlayna Adamic, Shamon Walters, Chief Deputy Doug Gill, and Steve Carrel

On September 28, the MHRS Board's "Friends of Recovery" ceremony was held – with awards being given to the following individuals, who have proven to be outstanding advocates for those struggling with mental illness and/or addiction:

Crisis Intervention Team (CIT) Officer:

► **CHIEF DEPUTY DOUG GILL, PERRY COUNTY SHERIFF'S OFFICE:** "For providing excellent guidance in planning for CIT Academies and also for compassionately responding to crisis situations in Perry County that involve persons with mental illness and/or addiction."

Behavioral Health Provider – Mental Health:

► **MARLAYNA ADAMIC, LISW – ALLWELL BEHAVIORAL HEALTH:** "For her outstanding dedication and commitment to the needs of children and their families, particularly for those involved with Allwell's Mobile Response & Stabilization Services Program."

Behavioral Health Provider – Mental Health:

► **TAMMY STILLION, NOBLE COUNTY SITE DIRECTOR, ALLWELL BEHAVIORAL HEALTH:** "For consistently going 'above and beyond' for her clients and employees at Allwell's Noble Counseling Center."

Behavioral Health Provider – Addiction Prevention & Recovery Support:

► **SHANNON WALTERS, MUSKINGUM BEHAVIORAL HEALTH:** "For being an outstanding Prevention Specialist at Muskingum Behavioral Health — and for her caring and considerate work to help fight the drug epidemic."

Behavioral Health Provider – Addiction Prevention & Recovery Support:

► **LISA MORRIS, MUSKINGUM BEHAVIORAL HEALTH:** "For being an outstanding Prevention Specialist at Muskingum Behavioral Health — and passionately working to help fight the drug epidemic."

Community Advocates:

► **PASTOR NEAL & JULIE DEARYAN AND CHILI CROSSROADS BIBLE CHURCH'S 'SIMPLE STEPS' VOLUNTEERS:** "For transforming MANY lives through their tireless efforts in reaching out to those in recovery, offering them hope and guiding them to professional counseling."

Community Advocate:

▶ **DR. KRISTIN BARKER, SUPERINTENDENT, MORGAN LOCAL SCHOOL DISTRICT:** *“For recognizing that the social and emotional needs of students contribute to the overall learning process in Morgan Local Schools.”*

Community Advocate:

▶ **STEVE CARREL, PROJECT MANAGER FOR PEARL HOUSE ZANESVILLE:** *“For being a caring and concerned advocate for over 40 years for those in addiction recovery and, following retirement, continuing to work at meeting their needs.”*

Local Government:

▶ **TROY LEOPOLD, MORGAN COUNTY PROBATION OFFICER:** *“For his caring and understanding supervision of those on probation who are struggling with mental illness and/or addiction.”*

Healthcare Advocate:

▶ **CHRISTINA PARR, DIRECTOR OF BEHAVIORAL HEALTHCARE, GENESIS HEALTHCARE SYSTEM:** *“For her passion and dedication in helping to meet the needs of those suffering with mental illness and/or addictions.”*

Grand Opening of Perry Behavioral Health Choices’ TMS Clinic



On September 15, PBHC held a ribbon-cutting ceremony for their new clinic at 605 Main Street in New Lexington. The site will offer Transcranial Magnetic Stimulation to Veterans, First Responders, and Law Enforcement. Lori Criss, Director of the Ohio Department of Mental Health & Addiction Services, cut the ribbon (*pictured to the left*). Theresa Kane, Executive Director of PBHC, noted that they have been doing TMS for over a year now—and the therapy has been instrumental in helping those struggling with PTSD, Hypervigilance, and Substance Use Disorders. The Ohio Department of Mental Health & Addiction Services provided the funding, and the initiative received outstanding advocacy from State Senators Jay Hottinger and Frank Hoagland.

Pearl House Zanesville

A few weeks ago, the first residents moved into their apartments at Pearl House Zanesville, a complex that will provide housing for people in recovery from drug or alcohol addiction. *“The idea is to provide safe and affordable recovery-supported housing so they can really get into long-term recovery and improve their quality of life,”* said Project Manager Steve Carrel. The apartment building will have an on-site case manager, who will help residents with their treatment and recovery.



InCK Leadership Honorarium



The Integrated Care for Kids (InCK) Model is a child-centered local service delivery and state payment model aimed at reducing expenditures and improving the quality of care for children covered by Medicaid and the Children’s Health Insurance Program (CHIP) through prevention, early identification, and treatment of priority health concerns like behavioral health challenges and physical health needs. Jamie McGrew (*pictured to the left*), the MHRs Board’s Care Management Director, serves on the

InCK’s Partnership Council. Recently, MHRs Board Director Misty Cromwell learned that the Ohio InCK Program was giving Jamie a \$1,000 honorarium. The Program’s Coordinator David Ciccone noted that: “*Jamie has contributed in a meaningful way to the ongoing development and implementation of Ohio InCK, and this honorarium is in recognition of the value of her expertise and leadership.*”

Southeast Trauma Informed Care Collaborative (SETICC)

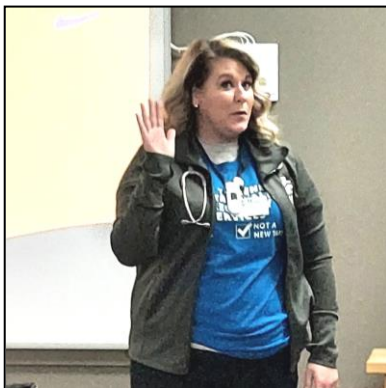
SETICC has filmed a documentary focused on the efforts being made to expand trauma-informed care in Southeast Ohio. Misty Cromwell and Jamie McGrew were interviewed for this documentary. To view “*Both Sides of the Desk: The Story of Trauma-Informed Care in Southeast Ohio*,” go to <https://www.ohiogeticc.org/>

Recovery Summit 22

After two years of delays and cancellations, the 20th Recovery Summit was held on September 23 at the Elizabeth Sugden Broughton Building in Marietta, Ohio. There were 131 people in attendance, with 77 being from our MHRs Board’s service area. Attendees heard recovery stories, played outside games for prizes, enjoyed a catered lunch and received door prizes. This year’s event evaluation scores were the highest in several years — with multiple comments about how glad they were to be able to once again be together to support each other in their recovery.

Oath of Office

MHRs Board Associate Director Elaine Shuster administered the Oath of Office to *Jennifer Hanson (pictured to the left below)*, who was appointed by the Director of the Ohio Department of Mental Health & Addiction Services to represent Muskingum County; and *Larisa Harper (pictured to the right)*, who was appointed by the Muskingum County Commissioners to also represent Muskingum County.



The MHRS Board is now at full strength (14 members) and we look forward to continuing our work of seeing that public mental health and alcohol/drug recovery services are available to residents of our six-county service area.

Your local MHRS Board serves the largest catchment area in Ohio, and Director Misty Cromwell is VERY APPRECIATIVE of all board members (*some of whom travel significant distances to attend 'in-person' board meetings*). The MHRS Board of Directors (*including clients, family members and behavioral health professionals*) all work together in keeping our network whole, serving those in need.

October "Board Member Spotlight"

Randi Earnest is a lifelong Guernsey County resident. In 1999, she began working at Appalachian Behavioral Health Care (on the campus of the old Cambridge State Hospital) as a Unit Nurse, then as the Midnight Shift Supervisor, and lastly as Clinical Nurse Manager.

In 2008, the Cambridge State Hospital Campus closed. Wanting to continue in the mental health field, Randi accepted the position of Clinical Nurse Manager at the Athens State Hospital campus, commuting from Cambridge to Athens for six years.

In August of 2014, she was offered the Manager position for the State Operated Group Homes – Liberty Manor and Country Garden Manor. There, Randi was able to see and be a part of the transformation of clients as they moved from a hospital setting to the group home. She found it rewarding to help residents achieve a higher level of independent living.

Randi retired on February 28, 2020, allowing her to spend more time with Alan, her husband of 52 years, their two children, eight grandchildren, and one great-grandchild.

Randi joined the MHRS Board of Directors to continue serving the population to which she had dedicated her career.



Important Message – Muskingum County Residents



There are times in each of our lives when we, our families, friends, or co-workers struggle with mental/emotional health or alcohol/drug addiction recovery. Over the past five decades, your MHRS Board has responded to community needs by establishing a system of care that provides *Help Close to Home*.

We urge you to support the Mental Health & Recovery Services Levy on November 8. This is NOT a new tax, but is a renewal levy. Muskingum County levy funds are ONLY used for Muskingum County residents and programs.

The levy will maintain services for people in Muskingum County who are seeking help in dealing with broken homes, emotional turmoil, mental illness, or alcohol/drug addiction. The approximate cost for an owner of a \$100,000 home will be 4¢ per day or \$16.02 per year. Thank you for your support!