

MENTAL HEALTH & RECOVERY SERVICES (MHRS) BOARD
Serving Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties
 1500 Coal Run Road – Zanesville, OH, 43701

OFFICIAL MINUTES
Regular Board Meeting – December 8, 2022
(1500 Coal Run Road, Zanesville, Ohio)

PRE-MEETING ACTIVITIES

Year-End Observations – Board Member Appreciation: Director Misty Cromwell presented a summary of Calendar Year 2022 Accomplishments (*included in Board Meeting Highlights attached to the minutes*). Ms. Cromwell noted that, while the year brought about a few unexpected twists and turns, there were some important achievements that took place. She thanked board members for their support, stating, “*Thank you for serving on the Board of Directors and giving us some of the most precious things you own—your time and talents.*”

Honoring Pamela Kirst: Ms. Cromwell presented Pamela Kirst, former Muskingum County Representative on the Board of Directors, with an art glass globe in recognition of her dedicated service. She served on the Board of Directors for a little over seven years, providing great leadership through her Presidency and participation on both the Partners Workgroup and the Finance/Audit Committee. Misty noted, “*Combine her strong background with a warm and caring heart, and you have an outstanding board member.*”

Staff Appreciation: President Johnson, along with several other board members, thanked MHRS Board staff members for their dedication in working to ensure mental health and addiction recovery services are available to residents of the six-county service area. They also expressed appreciation for the way staff members provide needed information and are open to any and all questions or concerns that are expressed.

Allwell’s Behavioral Health’s Primary Care Program: President/CEO James McDonald and Robin Cobbs Min, FNP, shared information about Allwell’s Primary Care Program that was primarily created to serve clients and families who are falling through the cracks of medical healthcare. (*Summary included in Board Meeting Highlights attached to the minutes.*)

REGULAR BOARD MEETING

I. BOARD NOTIFICATION & COMPLIANCE WITH SUNSHINE LAW:

On November 28, 2022, board members, contract organization directors, service area news media, county boards of commissioners, and state legislators were notified the Board of Directors would meet in regular session on December 8, 2022, at the MHRS Board Office, 1500 Coal Run Road, Zanesville (with pre-meeting activities starting at 6:00 p.m. and regular board meeting beginning at 7:00 p.m.).

II. CALL TO ORDER: President William Johnson called the regular board meeting to order at 7:05 p.m.

III. ROLL CALL:

Board Members Present:

- ***William Johnson, President (Coshocton County)***
- ***Sue Hoover, Vice-President (Muskingum County)***
- ***Sean Brady (Muskingum County)***
- ***Reid Carpenter (Noble County)***
- ***Leondra Davis (Coshocton County)***

- *Randi Earnest (Guernsey County)*
- *Megan Gee (Guernsey County)*
- *Tony Mayle, Jr. (Morgan County)*
- *Dan Scheerer, M.D. (Muskingum County)*
- *Wendy Starlin (Perry County)*

Board members excused:

- *Jennifer Hanson (Muskingum County)*
- *Larisa Harper (Muskingum County)*
- *Dennis Hitchcock (Muskingum County)*
- *Ben Taylor (Perry County)*

There being ten board members present, a quorum was constituted for conducting official business.

Staff Members Present:

- *Misty Cromwell, Executive Director*
- *Elaine Shuster, Associate Director / Systems Manager*
- *Jamie McGrew, Care Management Director*
- *Rhonda Hanes, Fiscal Operations Director*
- *Karl Hoop, Criminal Justice and Crisis Services Coordinator*
- *Roger Birch, Youth & Family Services Coordinator*
- *Linda Hand, Administrative Coordinator*
- *Janet Hill, Business Operations Manager (present for pre-meeting activities)*
- *Jessica Paisley, Office Manager (present for pre-meeting activities)*

IV. INTRODUCTION OF GUESTS:

- *James McDonald, President/CEO, Allwell Behavioral Health – Special Pre-Meeting Presenter*
- *Robin Cobbs Min, FNP, Allwell Behavioral Health – Special Pre-Meeting Presenter*
- *Pamela Kirst, Former MHRB Board Muskingum County Board Member (present for pre-meeting activities)*

- V. **AGENDA:** President Johnson noted there were no changes to the pre-mailed meeting agenda. SEAN BRADY MOVED THAT THE BOARD APPROVE THE AGENDA FOR THE DECEMBER 8, 2022, MEETING AS MAILED. THE MOTION WAS SECONDED BY LEONDRA DAVIS AND UNANIMOUSLY APPROVED.

VI. MEETING MINUTES:

It was noted that board members had received a copy of the minutes from the meeting held on November 10, 2022.

WENDY STARLIN MOVED THAT THE BOARD APPROVE THE MINUTES OF THE NOVEMBER 10, 2022, REGULAR BOARD MEETING AS SUBMITTED. THE MOTION WAS SECONDED BY RANDI EARNEST AND A ROLL CALL VOTE WAS TAKEN AS FOLLOWS: SUE HOOVER, YEA; SEAN BRADY, ABSTAIN; REID CARPENTER, YEA; LEONDRA DAVIS, ABSTAIN; RANDI EARNEST, YEA; MEGAN GEE, ABSTAIN; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND WENDY STARLIN, YEA. THE MOTION WAS APPROVED RECEIVING SIX POSITIVE VOTES AND THREE ABSTENTIONS.

VII. EXECUTIVE DIRECTOR'S REPORT:

Misty Cromwell reviewed her Director's Report. Topics covered:

- ◆ **Support Letters – Community Partners:** Provided Letters of Support to some entities that are pursuing funding through the Appalachian Community Grant Program: Coshocton County Juvenile Court (creation of a Family Resource Center); Buckeye Hills Regional Council (technical assistance applications); Appalachian

Children's Coalition (creation of Regional Network for School Health and Wraparound Services); Professor Elizabeth Beverly, Ph.D., Ohio University – Heritage College of Osteopathic Medicine (establishment of Appalachian Health Network).

◆ **Preliminary Snapshot – Community Needs Assessment:** Ohio University has provided Director Cromwell with a preliminary snapshot of survey findings. Data from the final Needs Assessment Report will soon be released.

◆ **Strategic Planning:** Saturday, February 4, 2023, has been reserved for the MHRS Board's Strategic Planning Day.

◆ **Confronting Black Suicide – Restoring Hope and Reclaiming Lives:** (Summary included in Board Meeting Highlights attached to the minutes.)

VIII. FINANCIAL ISSUES: (Dr. Dan Scheerer, Chair, Finance/Audit Committee)

1. November 2022 Financial Reports:

Chairman Scheerer guided a thorough review of the MHRS Board's Financial Reports for November 2022 that included: 1) A Reconciliation Report; 2) Contract Services Expense Reports; 3) Balance Sheet as of November 30, 2022; 4) Dashboard Report; 5) Monthly Report of Network Funding Reserves; and 6) Year-to-Date Status Report for the MHRS Board's CY 2022 Operating Budget.

◆ **November 2022 Reconciliation Report:**

DAN SCHEERER MOVED THAT THE BOARD APPROVE THE NOVEMBER 2022 RECONCILIATION REPORT AS SUBMITTED. THE MOTION WAS SECONDED BY SEAN BRADY.

Dr. Scheerer provided an extensive review of this all-inclusive report that shows deposits, checks written for MHRS Board operations, payments to in-network service providers and out-of-network community partners, and journal entries.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; SEAN BRADY, YEA; REID CARPENTER, YEA; LEONDRA DAVIS, YEA; RANDI EARNEST, YEA; MEGAN GEE, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND WENDY STARLIN, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING NINE POSITIVE VOTES.

2. Official Adoption of Calendar Year 2023 Appropriations Measure:

DAN SCHEERER MOVED THAT THE BOARD OFFICIALLY ADOPT THE CALENDAR YEAR 2023 ANNUAL APPROPRIATIONS MEASURE THAT WAS INITIALLY APPROVED BY THE BOARD OF DIRECTORS AT THE MAY 12, 2022, MEETING IN THE AMOUNT OF \$11,090,342.00. THE MOTION WAS SECONDED BY LEONDRA DAVIS.

It was noted that at year-end the State Examiner requires the MHRS Board to officially adopt the Annual Appropriations Measure for the next calendar year.

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; SEAN BRADY, YEA; REID CARPENTER, YEA; LEONDRA DAVIS, YEA; RANDI EARNEST, YEA; MEGAN GEE, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND WENDY STARLIN, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING NINE POSITIVE VOTES.

3. **Transfer of Appropriations – Calendar Year 2022 Budget:**

DAN SCHEERER MOVED THAT THE BOARD APPROVE THE TRANSFER OF \$402,070.17 FROM THE CONTINGENCIES LINE ITEM TO THE FOLLOWING EXPENSE AREAS: ADVERTISING AND PRINTING (\$18,070.17); AND CONTRACT SERVICES (\$384,000.00). THE MOTION WAS SECONDED BY REID CARPENTER.

Fiscal Operations Director Rhonda Hanes noted that the above transfers are needed to facilitate the CY 2022 fiscal close-out as required by the Muskingum County Auditor (the MHRS Board’s Fiscal Agent).

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; SEAN BRADY, YEA; REID CARPENTER, YEA; LEONDRA DAVIS, YEA; RANDI EARNEST, YEA; MEGAN GEE, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND WENDY STARLIN, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING NINE POSITIVE VOTES.

4. **Update – Coshocton Behavioral Health Choices (CBHC):**

Rhonda Hanes noted that she and Elaine Shuster are continuing to meet with CBHC Co-Directors Tyra Hixon and Jeanette Hall, as well as with the CBHC Board of Directors, to help guide the organization in their fiscal process improvements. It was reported that CBHC is moving in the right direction.

IX. NEW BUSINESS:

1. **Revised Policy IV-N.02 - Holidays:**

MEGAN GEE MOVED THAT THE BOARD APPROVE REVISED POLICY IV-N.02 (HOLIDAYS) – AS SUBMITTED. THE MOTION WAS SECONDED BY LEONDRA DAVIS.

Director Cromwell noted that the policy was being revised to specify: *“Holiday pay is limited to eight hours of straight-time pay.”*

A ROLL CALL VOTE WAS THEN TAKEN ON THE ABOVE MOTION AS FOLLOWS: SUE HOOVER, YEA; SEAN BRADY, YEA; REID CARPENTER, YEA; LEONDRA DAVIS, YEA; RANDI EARNEST, YEA; MEGAN GEE, YEA; TONY MAYLE, YEA; DAN SCHEERER, YEA; AND WENDY STARLIN, YEA. THE MOTION WAS UNANIMOUSLY APPROVED RECEIVING NINE POSITIVE VOTES.

2. **Next Meeting:** The next meeting of the Board of Directors will be held *at 7:00 p.m. on Thursday, January 12, 2023, at the MHRS Board Office, 1500 Coal Run Road, Zanesville.* Committee meetings will be held from 6:00 to 7:00 p.m.

X. COMMENTS FOR THE GOOD OF THE ORDER:

◆ **BOARD MEMBER SPOTLIGHT:** Jamie McGrew shared this month’s “Board Member Spotlight” on Noble County Representative Reid Carpenter (*included in Board Meeting Highlights attached to the minutes*).

◆ **MONTHLY HEALTH EQUITY REFLECTION:** Sertrice Grice said that, *“Diversity is a group level measurement.” This is a simple, but thought-provoking statement. Practically, we can get stuck with thinking about diversity as including those different than us. However, that is only a part of diversity. Diversity happens when everyone is included; not when anyone is excluded. When leadership looks like all one race*

or gender, whether it be Black or White, male or female, it lacks diversity. So, diversity includes you, just as much as it includes the person who is different from you.

Board members were asked to include on their meeting evaluation forms some information about themselves that would help to recognize the full scope of diversity on the Board of Directors.

Director Cromwell shared an acronym for PROGRESS that helps to consider all the factors involved with health equity: P – Place of Residence / R – Racial Equity / O – Occupation / G – Gender / R – Religion / E – Education / S – Socio-Economic Status / S – Social Connections.

◆ **REMINDER:** Dr. Scheerer encouraged everyone to take steps to keep themselves and others safe and healthy, as the current environment is presenting a triple threat: seasonal flu, RSV, and COVID. He highly recommended getting vaccinated, as well as following other actions to prevent becoming infected (i.e., washing hands, social distancing, and wearing masks).

XI. ADJOURNMENT: The meeting adjourned at 7:50 p.m.

SIGNATURES

SUBMITTED BY:

APPROVED BY:

Linda Hand, Administrative Coordinator

Misty Cromwell, Executive Director

William Johnson, President